



Outdoors-Magazine.com

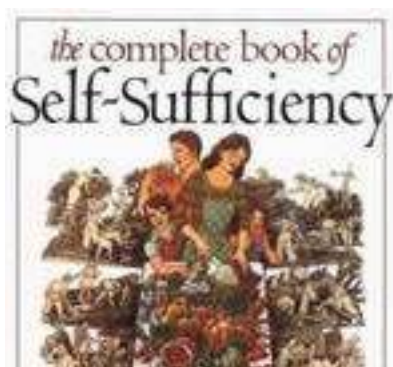
<http://outdoors-magazine.com>

The complete book of

Self-Sufficiency

James

- Skills and guides - Library -



Publication: Sunday 19 January 2003

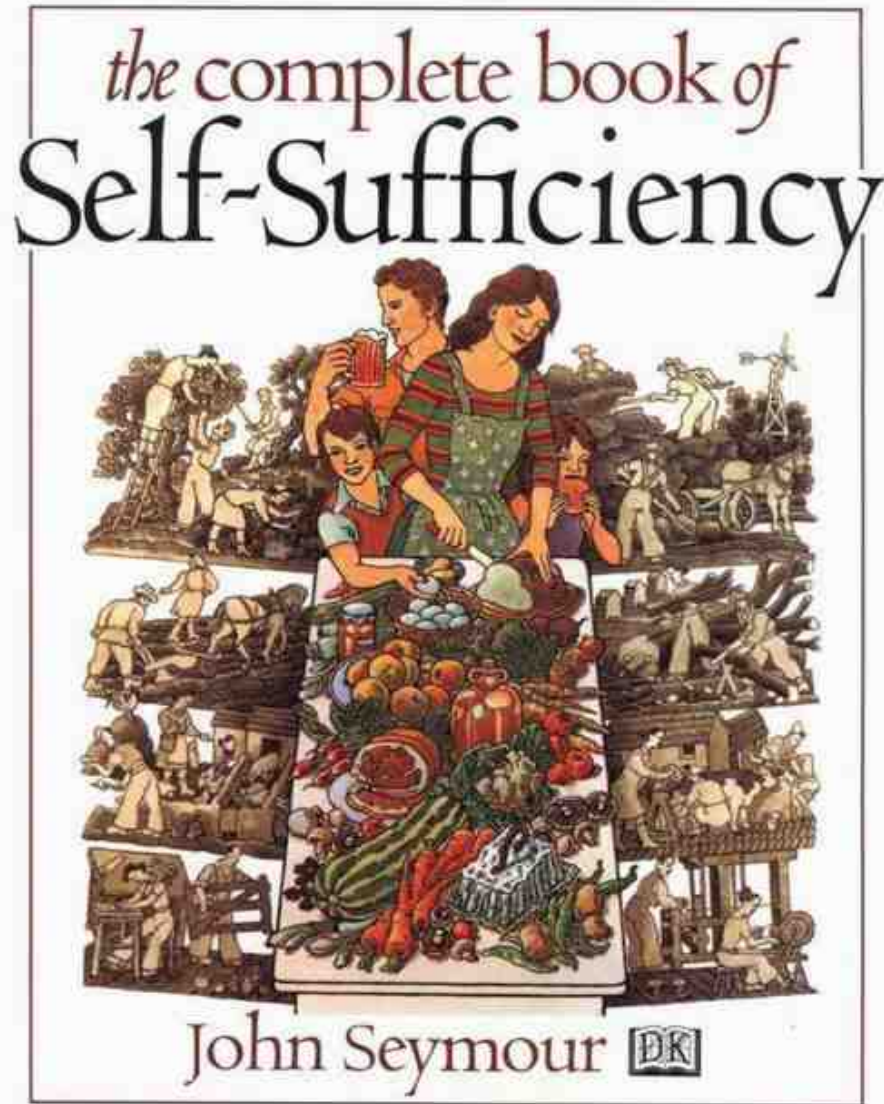
Description :

A very complete book on self sufficiency. From crops, to making sausages, through making bier, gardening, keeping cattle etc..

Copyright (c) Outdoors-Magazine.com under a Creative Commons

Attribution-Non-Commercial-Share Alike License

The cover



ISBN: 0-7513-0426-3

This book first published in 1976 is a mine of information for anybody that wishes to do things in a more traditional way.

The chapters are the following:

1. The way to self sufficiency
2. Food from the fields
3. Food from animals
4. Food from the garden
5. Food from the wild
6. Natural energy
7. Crafts and skills

Self-Sufficiency

The writing flows, mixed with superb drawings. It covers most aspects of life in a self-sufficient community, including domestic animals, organisation of crops, garden, when to plant, where, how, making of essential goods, preserving food, etc..

In conclusion: Another must read book, for anybody interested in self sufficiency, or just in trying to be less sufficient of the modern society. Complete, though the subject is vast. An highly interesting reading, even if you never implement more than one percent of what is in there.